

Babies

Hide and Seek Toys

YOU WILL NEED

A range of toys or favourite items you can play hide and seek with, for example:

- A teddy bear
- A doll
- A rattle
- A range of materials to cover them with.



WHAT TO DO

Choose a range of toys from around the home that you think will interest your child, then using a piece of material, such as a towel, a pillowcase, or a T-shirt, hide the item, then lift the material to reveal it, then hide it again. This simple versatile activity is a family favourite.

LEARNING & DEVELOPMENT

This activity can support children's awareness of their surroundings. It also helps to develop 'object permanence' - knowing something is there without directly looking at it. This will help babies to explore their environment and gain confidence in seeking out their own experiences.