

Babies

Sensory Board

YOU WILL NEED

- A box or a piece of cardboard
- Some glue or tape
- A range of sensory materials for the board e.g. baby wipe pack openings, lids, fabrics, tissue boxes, kitchen roll tubes, tin foil.



WHAT TO DO

A homemade sensory board is a great way to repurpose things you might have otherwise thrown away! Take a box or a piece of strong cardboard, some glue or tape, and securely attach lots of different sensory materials for your baby to explore.

Note: Avoid using materials with small parts as they present a choking hazard. Ensure all materials are securely attached to the board.

LEARNING & DEVELOPMENT

This activity develops babies' fine motor skills. It also helps them to develop their problem-solving skills.