

Pre-school

Lung Experiment

YOU WILL NEED

- Paper
- Pens
- Straws
- Two balloons
- Scissors
- Sellotape



WHAT TO DO

Simply cut out two lung shapes and stick them onto a piece of paper. Place the two straws side by side, attach the top halves together with Sellotape and bend the bottom halves away from each other (see image). Attach a balloon to the end of each straw and secure with Sellotape. Children can then blow into the straws to watch the balloons rise and fall like lungs.

LEARNING & DEVELOPMENT

This science experiment shows how the human body works. The activity brings together physical development and science. As part of the activity, you can discuss the importance of fitness with children, and introduce different forms of exercise, such as yoga, riding a bike, climbing trees, or creating a home obstacle course.