

## Covid-19 related child absence.

### A quick reference guide for parents/staff.

**COVID-19 symptoms:** Fever more than or equal to 38.0°C or new cough or shortness of breath, loss of sense of smell, or loss of sense of taste or distortion of sense of taste.

**Self-isolation** means staying indoors and avoiding contact with other people. This includes other people in your household, as much as possible. It applies to people with proven or suspected COVID-19.

**Restricting movement** means avoiding contact with other people and social situations as much as possible. It applies to those who are without symptoms but considered at higher risk of developing COVID-19 because they were exposed to a particular risk.

\*applying to those aged greater than 3 months and up to 13th birthday

What to do if...	Action needed - Person	Action needed - Same Household	Return to nursery when...
My child has Covid-19 symptoms: <ul style="list-style-type: none"> <li>• HIGH TEMPERATURE</li> <li>• A NEW CONTINUOUS COUGH</li> <li>• A LOSS OR CHANGE TO THEIR SENSE OF SMELL OR TASTE</li> </ul>	<b>DO NOT COME TO NURSERY</b> Contact the nursery to inform us. Self-isolate the WHOLE household while getting the symptomatic person tested. Get a test. <b>INFORM NURSERY OF THE TEST RESULT</b>	Close contacts restrict movements for 10 days	The test comes back negative and if the fever is gone.  Children can return with a cough after a negative test as this can last for some time.
My child has COVID-19 symptoms awaiting test	<b>DO NOT COME TO NURSERY</b> Contact the nursery to inform us. Self-isolate the WHOLE household while getting the symptomatic person tested. Self-isolate pending test result. <b>INFORM NURSERY OF THE TEST RESULT</b>	Members of the household restrict movements pending test results	The test comes back negative and if the fever is gone.  Children can return with a cough after a negative test as this can last for some time.
My child tests positive for Covid- 19	<b>DO NOT COME TO NURSERY</b> Contact the nursery to inform us. Quarantine the household for for a minimum of 10 days. Last 5 days fever free.	Close contacts restrict movements for 10 days (after last contact with case)	10 days has passed and they feel better, they can return when someone is able to bring them. Can return with a cough after minimum of 10 days as this symptom can last for several weeks. Must not return if still showing signs of a fever.
My child tests negative	<b>CONTACT THE NURSERY</b> Discuss when your child can come back to nursery (same day/next day).	Restrictions no longer needed	The test comes back negative.
Someone in my household has Covid-19 symptoms	<b>DO NOT COME TO NURSERY</b> Contact the nursery. Self-isolate the whole household until person with symptoms tests negative.	Members of the household restrict movements pending test results	When person with symptom gets a negative test.

Someone in my household tests positive for Covid-19	<b>DO NOT COME TO NURSERY</b> Contact the nursery. Child isolates at home for 10 days.	Close contacts restrict movements for 10 days (after last contact with case)	The child has completed 10 days isolation at home.
NHS test & trace has identified that my child has been in close contact with someone with a confirmed case of Covid-19	<b>DO NOT COME TO NURSERY</b> Contact nursery. Child isolates at home for 10 days. Testing is advised.	No Restrictions unless the person who has been identified develops symptoms.	The child has completed 10 days isolation at home.
My child has travelled and has to self-isolate as part of a period of quarantine	Child isolates for 10 days from return date. Test if develops symptoms.	No restrictions unless the person who has been identified develops symptoms.	The quarantine period of 10 days has been completed.
We have received medical advice that my child must resume shielding	<b>DO NOT COME TO NURSERY</b> Contact the nursery. Shield until you are informed that restrictions are lifted and shielding is paused again. Liaise with the nursery about home learning.	No restrictions until medical assessment offers further direction.	You are informed that shielding advice has been lifted and your child can return to nursery.
Some medical symptoms that may be COVID-19 related and awaiting medical assessment that day to determine if testing is required	Self-isolate pending assessment	No restrictions until medical assessment offers further direction.	Can go to nursery once medical assessment is completed if no further restrictions imposed.
My child is ill with symptoms not linked to Covid-19	FOLLOW USUAL LEYF SICKNESS AND ABSENCE POLICY PROCEDURE	No restrictions	For sickness/diarrhoea <b>MUST</b> be clear for 48 hours before returning to nursery.
Runny nose or other minor symptoms and unwell, no fever equal to or greater than 38.0°C, no cough, no short of breath, <b>NO ill household contacts or history of travel.</b>	Keep home from nursery for a period of 48 hours to observe emerging condition	No restrictions	<b>MUST</b> be clear for 48 hours before returning to nursery.
Runny nose or other minor symptoms and unwell, no fever equal to or greater than 38.0°C, no cough, no shortness of breath, but <b>YES to history of travel or household members with symptoms of COVID-19</b>	Self-isolate pending assessment	Members of the household restrict movements pending assessment	The child has completed 10 days isolation at home or gets a negative test and household members are also negative for COVID-19
Runny nose, feels well, good energy and normal appetite, no fever, not requiring paracetamol, ibuprofen or any other antipyretic	Can go to nursery	No restrictions	Can go to nursery